

Seniors Community Connector

Social Prescribing Program

Referral Form

Please review the Referral Guide on back of form for program description, referral criteria and examples of non-clinical services that may benefit your patient. If you have any questions, please contact the Seniors Community Connector at: **236-880-4120** or gsmith@kinvillage.org

Referrer Information/Physician Office: Stamp or name, phone and/or fax number	Patient Information: Name, Phone, PHN#, DOB
Referral date:	

Please identify the area of support the patient would like help connecting with:

- ☐ Physical activity programs
- ☐ Nutrition/food programs
- ☐ Social programs and services
- ☐ Caregiver programs

****Are there any restrictions or limitations to be aware of? (Please indicate below)**

Follow-up reports will be sent to: Physician/Referrer _____
☐ Call to office PH: _____
☐ Fax to office FAX: _____

☐ Check box if patient has agreed to a referral to the Seniors Community Connector.

FAX REFFERAL TO: 1-778-653-0660 or
gsmith@kinvillage.org



Working with communities in BC's
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Seniors Community Connector *Social Prescribing Program* Referral Form

Program Description:

The Social Prescribing Program supports seniors to access non-clinical, community-based services to prevent or delay frailty by fostering resilience and social support using a comprehensive, strength-based approach. Participants of social prescribing programs out of the UK have reported improvements to health and well being, health related behaviour, emotional state, social contacts and day to day functioning. When a Healthcare provider identifies a patient, who could benefit from the program, they can send a 'prescription' to the Seniors Community Connector who will support the patient to access suitable local sources of support.

Referral Criteria:

Seniors 60+ living in South Delta who are experiencing:

- social isolation
- emotional problems
- major life events such as loss of spouse, loss of driver's license;
- chronic diseases;
- physical inactivity;
- poor nutrition and/or food security concerns;
- poor health outcomes associated with social determinants of health;
- frequent use of primary health care.

Examples of non-clinical community support services:

Physical activity programs

- Osteofit, walking groups, chair yoga, Tai Chi, Aquafit, Move for Life

Nutrition food programs

- Meals on Wheels, Food Bank and food security programs

Social Programs and services

- Art classes, book clubs, coffee clubs, knitting groups, community centres, mental health services and support with applications for HandyDart, taxi savers, affordable housing

Caregiver Programs

- Support groups, education sessions, one-to-one support

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