# Questions to Help You Get Started!

- Are materials accessible to all participants?
- Are any sub-populations "left out"?
- Are all participants screened in an equitable way?

- Do you have measures in place to support your participants in the time of an emergency?

- Do you have diverse partnerships that support program recruitment, sustainability, management/capacity, and evaluation?

- How can you use the support of your participants (current and past) to support the program ?

- Does the programs rigidity limit participant agency and autonomy?
- Do you provide guidelines, tools, or lessons learned to support intergenerational volunteer kinships through challenging aspects of the relationship?

- Does the program facilitate an adequate amount of consistent (weekly), -in-person informal time to be spent between participants?
- Do participants live close to one another?

- Do participants have the means to connect through technology to keep communication channels open during times of distance?

- Do activities facilitate acts of generativity that evoke reciprocal giving?

- Are there open and clear communication channels between the program organization and all participants that cater to diverse communication styles?
- Does the program provider check-in with all participants on a regular basis ?

- How does the program provide opportunities for older adults to form a relationship with parents of younger participants?

**Volunteer Grandparents**
Volunteers for Intergenerational Programs Society

**SFU**

**Want to learn more? Contact me at <u>rachelle_patille@sfu.ca</u>**