

ENGAGING AGING



HEALTHY AGING

CORE

Collaborative Online
Resources & Education

ALBERTA

CORE Intergenerational Linkages GROUP



**INTERGENERATIONAL LINKAGES
COMMUNITY OF PRACTICE**

GUEST SPEAKERS

Jenny Ko

Karen Van Riesen



CORE Intergenerational Linkages GROUP

INTERGENERATIONAL COMMUNITY of PRACTICE

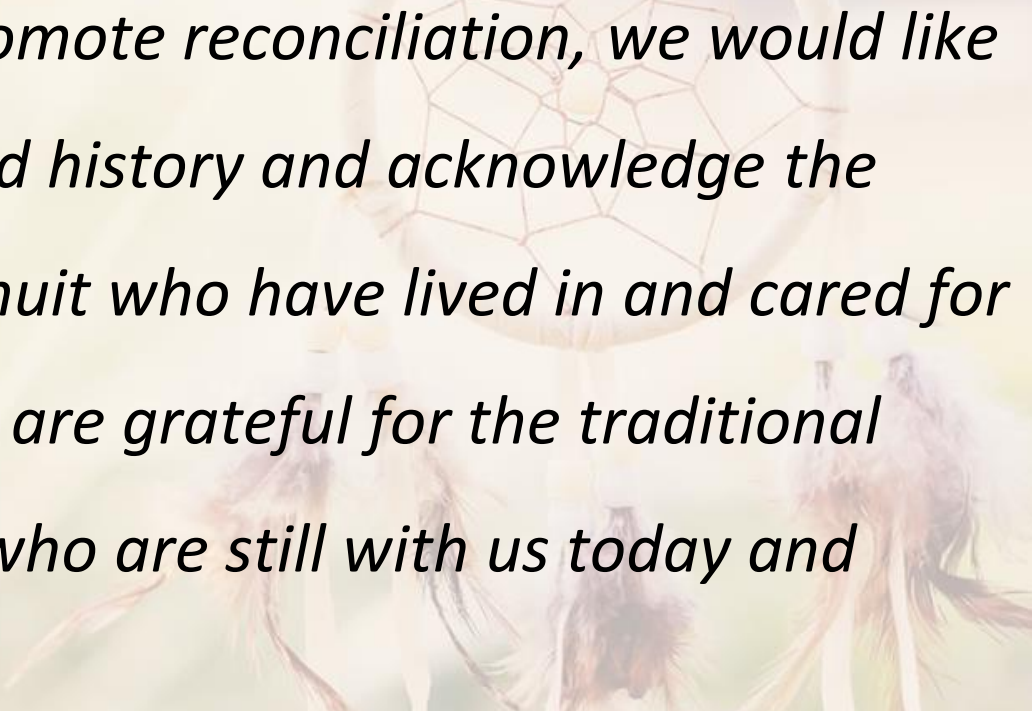
Engaging Ageing

AGENDA

- Healthy Aging CORE
- Community of Practice Team
- Video: What is Old?
- Speakers
 - Jenny Ko
 - Karen Van Riesen
- Discussion: Your perspective!
- Wrap up

LAND ACKNOWLEDGEMENT

In the spirit of our journey to promote reconciliation, we would like to honour the truth of the shared history and acknowledge the many First Nations, Métis and Inuit who have lived in and cared for these lands for generations. We are grateful for the traditional Knowledge Keepers and Elders who are still with us today and those who have gone before us.



Intergenerational Community of Practice



- **Betty Good** – LINKages Society, Calgary
- **Rebecca Zezula** – Clearwater Regional FCSS / Rocky Mountain House
- **Charlene Fletcher** – Activity Coordinator for Seniors
- **Coree Ladwig** – Team Lead for Seniors, Adult and Community Programs, County of Grand Prairie
- **Amrita Mishra** – Ministry of Seniors, Community and Social Services
- **Peggy Mocarquer** – Healthy Aging, Calgary

WHAT IS OLD?

How do you feel about getting older?

How can IG programs help to change attitudes about aging for all generations?

WHAT IS OLD?

Some people are old at 18 and some are young at 90.
Time is a concept that humans created.

~Yoko Ono

Video – What is Old?



JENNY KO

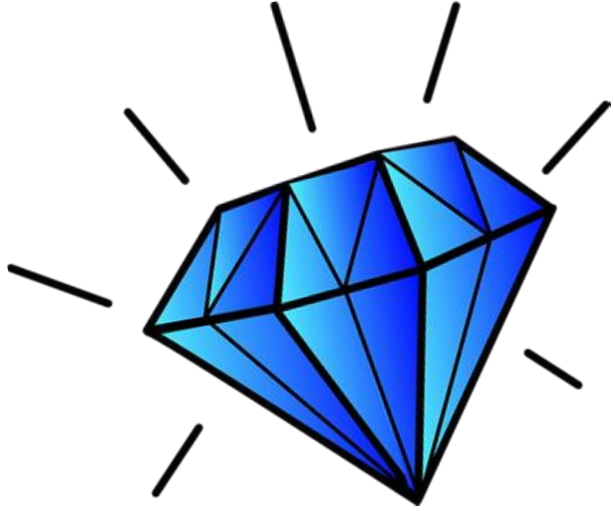
Karen Van Riesen



LET'S HEAR FROM YOU!

How has your perspective about aging shifted since an hour ago?
...or has it?

How are intergenerational friendships helping us to engage in the aging
process?



TAKE-AWAY?

Feel free to contact us at anytime.

NEXT EVENT

TUESDAY, January 17
10:30 – 12:00

SENSITIVITY TRAINING for YOUTH and SENIORS

A brief overview of what to include
when training youth and seniors for IG programs.

JOIN US!

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INTERGENERATIONAL LINKAGES COMMUNITY OF PRACTICE

JOIN

Open group | 21 members



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The aim of the Community of Practice (CoP) is to bring together committed individuals who have a desire to work collaboratively to learn, share and build capacity and develop intergenerational linkages programs or initiatives in their communities.

▾ Add New Group Content

Thank you for participating & sharing your time!

SEE YOU ON CORE!



Remember to update your information on 211

Contact us at

healthyaging@calgaryunitedway.org